

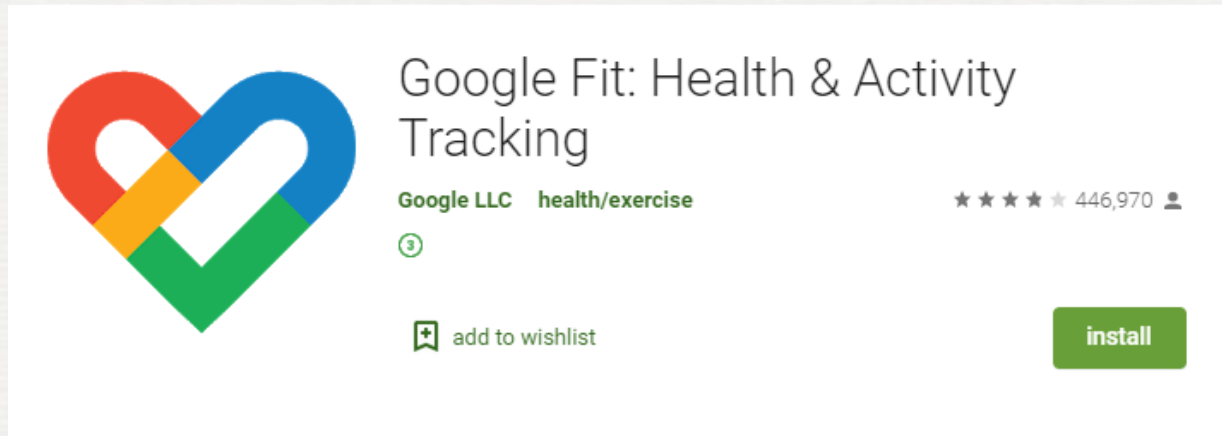
Google Fit Manual

**Google Fit
Download Manual
(Android • IOS Available)**



Download App

✓ Google Play



Google Fit: Health & Activity Tracking

Google LLC health/exercise

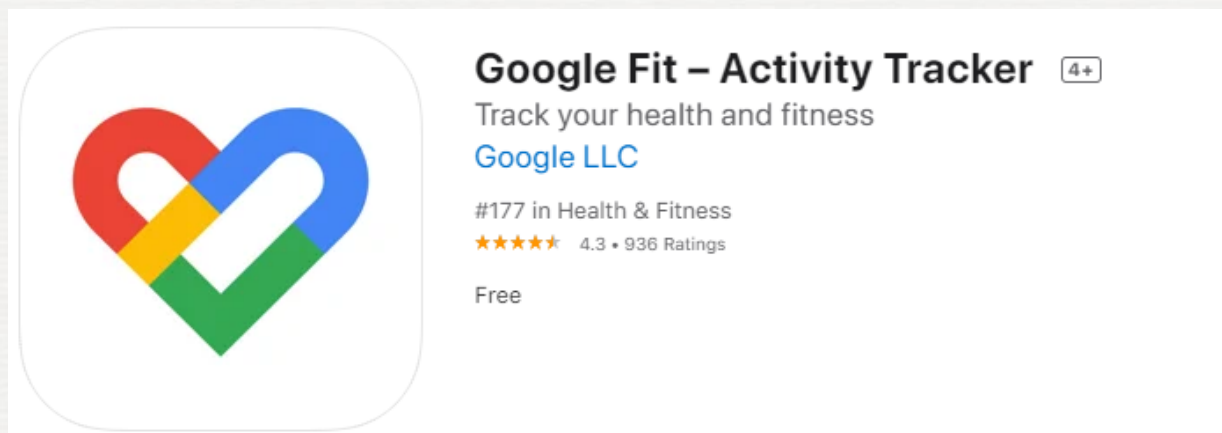
★★★★★ 446,970

3

add to wishlist

install

✓ App Store



Google Fit – Activity Tracker 4+

Track your health and fitness

Google LLC

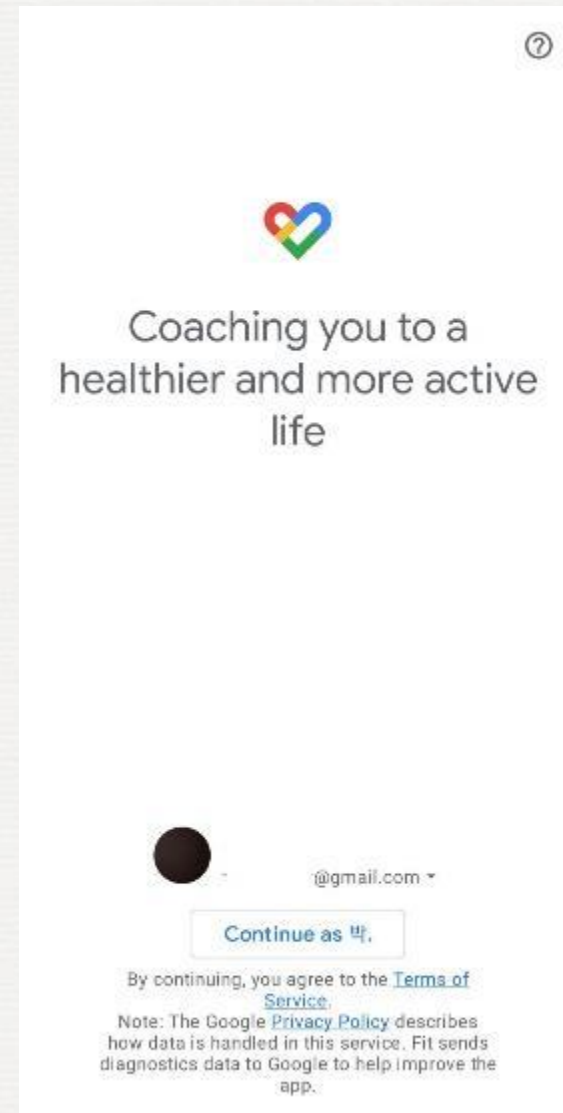
#177 in Health & Fitness

★★★★★ 4.3 • 936 Ratings

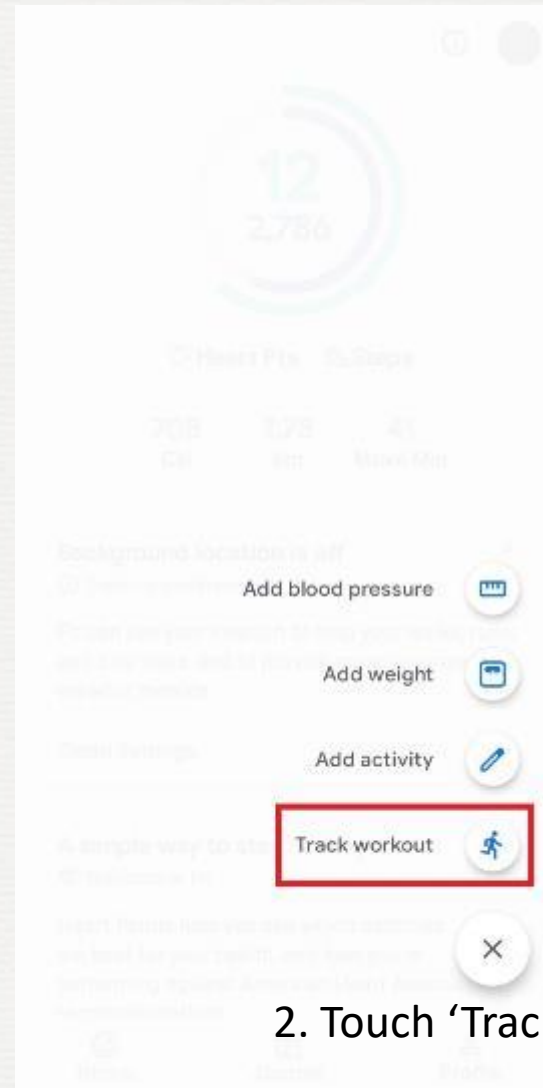
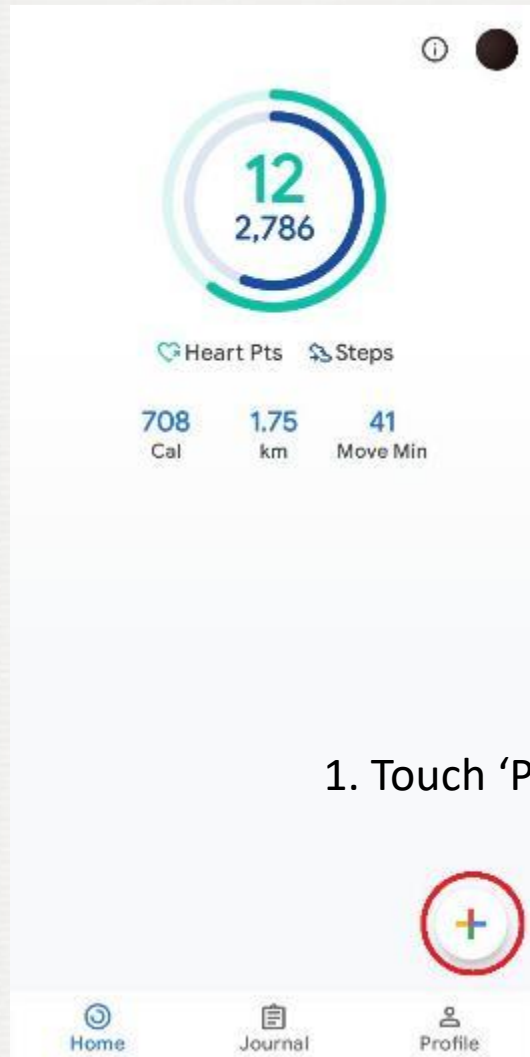
Free

Sign In

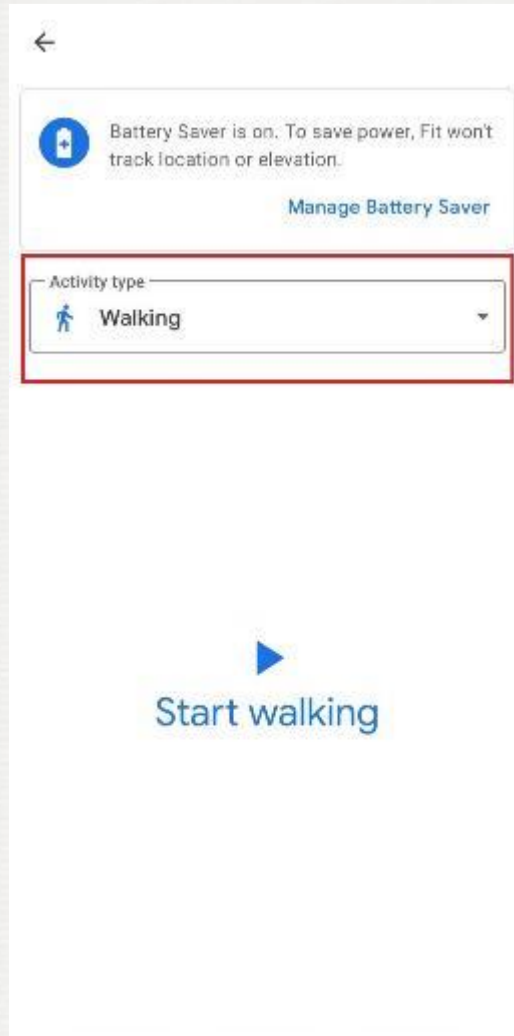
- Sign in through the Google Account you have



Pace Counters Function

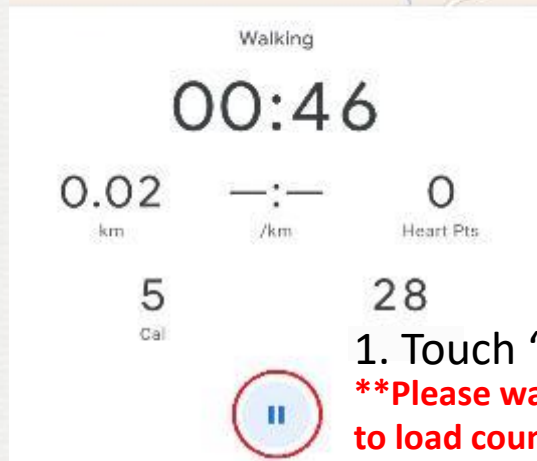


Pace Counters Function

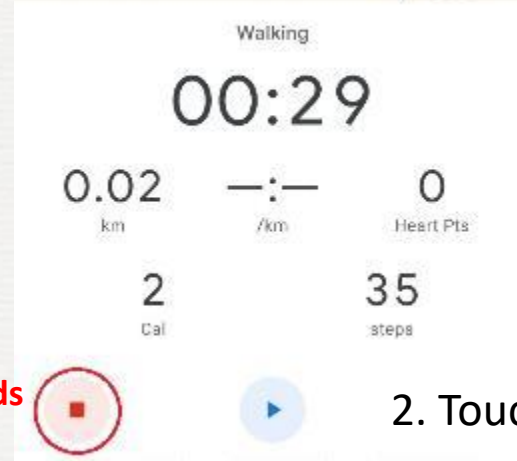


3. 'Activity type' is 'Walking'
4. Touch 'Start Walking' button
5. On the count of three, Pace Counter will start

End Pace Counters Function

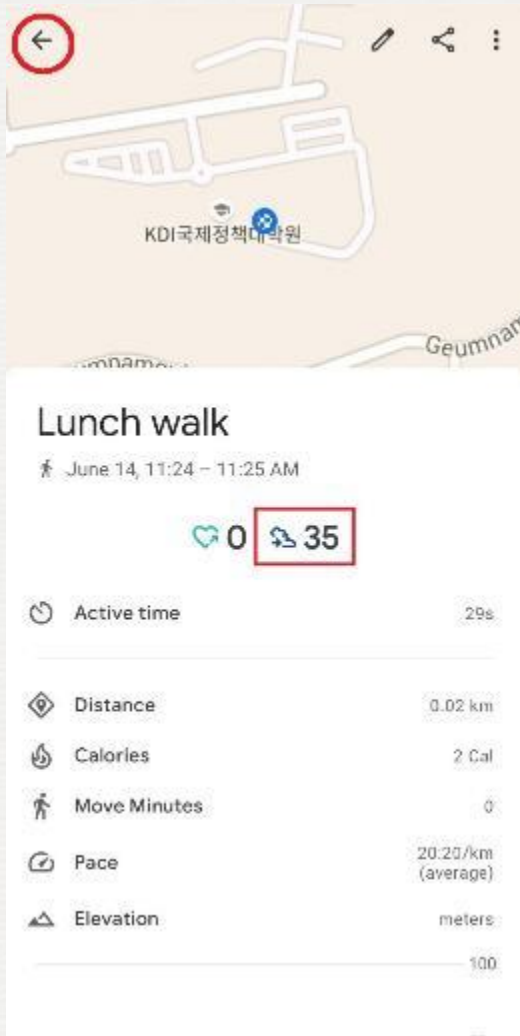


****Please wait a couple of seconds to load counts before pausing**



2. Touch 'Stop' button

End Pace Counters Function



3. You can check your steps on the result page

4. Go backward by pressing the 'back' button to start over